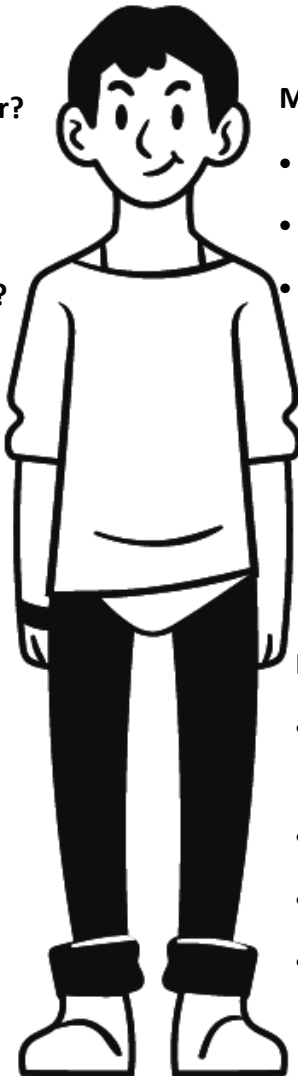


# What does whole body listening look like for you?

## Eyes:

- Looking at the teacher?
- Looking at the floor?
- Closed?
- Looking at your work?



## Mouth:

- Eating a snack?
- Breathing deeply?
- Wriggling your tongue?

## Hands:

- Using a fidget toy?
- By your sides?
- In your lap?

## Body:

- Pacing around the room?
- Standing?
- Sitting?
- Swaying on the spot?

## Feet:

- Tapping?
- Bare?
- Still?

# My listening body

## Eyes:

## Mouth:



## Hands:

## Body:

## Feet: